

# Relevant Clinical Trial Designs: Balancing Regulatory and Medical Evidence Needs

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# Potential Conflicts of Interest

- **Strategic and Scientific Advisory Boards:**  
**Medtronic Vascular, Boston Scientific,**  
**Abbott Vascular**

# Desirable Technical Qualities in a DES

- ♥ Easy to deliver, pushable and trackable
- ♥ Low profile but visible
- ♥ Flexible in a crimped state
- ♥ Flexible and conformable in an expanded state
- ♥ Complete or near-complete apposition
- ♥ Good scaffolding and excellent radial strength
- ♥ Minimal vessel and intimal injury
- ♥ Thromboresistant materials
- ♥ Rapid re-endothelialization
- ♥ Functional endothelial layer (NO producing)
- ♥ Reliable and consistent inhibition of NIH
- ♥ Minimal or no long term inflammation
- ♥ No persistent responses or long term safety concerns
- ♥ Available in the widest range of sizes and lengths
- ♥ Competitively priced and on consignment

# The Ideal DES

- ♥ Remarkable ease of use
- ♥ Unparalleled efficacy
  - Suppression of neointimal hyperplasia
- ♥ Impeccable safety
  - No adverse effects on vessel function or flow dynamics
  - No risk of LST or VLST
  - No need for more than short term DAPT

# Generational Changes in Stent Specs

	Elemental Composition by Weight %			
	316L (Stainless Steel)	Platinum Chromium Alloy	L605 (Cobalt Chromium Alloy)	MP35N (Cobalt Chromium Alloy)
Iron	64	37	3.0 max	1.0 max
Platinum	-	33	-	-
Cobalt	-	-	52	34
Chromium	18	18	20	20
Nickel	14	9	10	35
Tungsten	-	-	15	-
Molybdenum	2.6	2.6	-	9.75
Manganese	2.0 max	0.05 max	1.5	0.15 max
Titanium	-	-	-	1.0 max

## Stent Strut Thickness



0.0055"  
Stainless Steel



0.0052"  
Stainless Steel



0.0038"  
Stainless Steel



0.0036"  
MP35N



0.0032"  
L605



0.0032"  
Platinum  
Chromium

# Thinner Stent Struts, Less Polymer Coating, Lower Drug Load

Stent	Strut Thickness	Polymer Thickness	Drug Load	Shape
Cypher	140 $\mu\text{m}$	12.6 $\mu\text{m}$	~10 $\text{ug/mm}$	Wedge
Taxus Express	132 $\mu\text{m}$	16 $\mu\text{m}$	1 $\text{ug/mm}^2$	Wedge
Taxus Liberte	97 $\mu\text{m}$	16 $\mu\text{m}$	1 $\text{ug/mm}^2$	Wedge
Biomatrix	137 $\mu\text{m}$		15.6 $\mu\text{g/mm}$	
Endeavor	91 $\mu\text{m}$	5.3 $\mu\text{m}$	10 $\text{ug/mm}$	Oval
Xience V	81 $\mu\text{m}$	7.8 $\mu\text{m}$	~6 $\text{ug/mm}$	Square
CardioMind	67 $\mu\text{m}$	8 $\mu\text{m}$	6.3 $\text{ug/mm}$	Oval

# Many DES to Choose From

Cypher™

TAXUS

Xience™ V Promus™



AXION™  
DES

ENDEAVOR

PICO<sup>Elite</sup> Paclitaxel-Eluting Coronary Stent  
amg INTERNATIONAL

JANUS  
Tacrolimus-eluting Carbostent™

Eurocor®  
TAXCOR®  
Paclitaxel-Eluting  
Coronary Stent System

translumina®  
YUKON™ Choice<sup>DES</sup>  
Drug Eluting Stent

Coroflex<sup>®</sup> RELEASE



APOLLO  
Paclitaxel Eluting  
Coronary Stent

euca TAX  
Paclitaxel Eluting Coronary  
Stentsystem

Endeavor  
Resolute Stent

NOBORI™

BIOMATRIX®  
DRUG ELUTING CORONARY STENT SYSTEM  
Uncompromised Patient Benefit  
through the Combination of Safety and Efficacy

# Clinical Approval of New Prostheses / Devices

- ♥ Substantial body of evidence to support both safety and clinical efficacy
  - Preclinical in vitro and in vivo, Clinical evidence
- ♥ Subject that evidence to scrutiny and assessment by “independent” regulatory agencies
  - No single global organization
  - Requirements and levels of evidence different for different agencies and geographies
  - In Australia TGA, PDC, CPCAG, HI BNG, MSAC



# Gathering the Supporting Evidence

## RCT / Registry Trade off

### RCT's

Less complex  
Highly selected

100% monitoring

All events adjudicated

95% follow up

### Registries

More complex  
Real world

3-20% monitoring

All *reported* events  
adjudicated

80-95% follow up

Event rates are critically dependent on detailed data collection, reporting analysis, event adjudication

# Major DES RCT'S: Inclusion / Exclusion Criteria

	Sirius	Taxus IV	Taxus V	EII	EIV	Spirit III
SVG Lesions	x	x	x	x	x	x
Bifurcations	x	x	x	x	x	x
Left Main	x	x	x	x	x	x
Vessel diam 2.25 mm	x	x	x	✓	x	x
Long lesions ≥ 30 mm	x	x	x	x	x	x
Visible thrombus	x	x	x	x	x	x
Heavily Calcified	x	x	x	x	x	x
ISR	x	x	x	x	x	x

# Major DES Registries: Inclusion Criteria

	ARRIVE I and II	E-FIVE	E-Cypher
SVG Lesions	✓	✓	✓
Bifurcations	✓	✓	✓
Left Main	✓	✓	✓
Vessel diameter ≤ 2.25	✓	✓	✓
Long lesions ≥ 30 mm	✓	✓	✓
Visible thrombus	✓	✓	✓
Heavily Calcified	✓	✓	✓
ISR	✓	✓	✓

# Major DES Registries: Inclusion Criteria

	ARRIVE I and II	E-FIVE	E-Cypher
<b>Chronic Renal Failure</b>	✓	✓	✓
<b>Surgery</b> known or suspected	✓	✓	✓
<b>Major systemic disorders</b>	✗ ✓	✗ ✓	✗ ✓
<b>Malignancy</b> known or suspected	✗ ✓	✗ ✓	✗ ✓
<b>Peptic Ulcer</b>	✓	✓	✓
<b>Acute MI</b>	✓	✓	✓
<b>Warfarin dependent</b>	✓	✓	✓

# ENDEAVOR Clinical Program

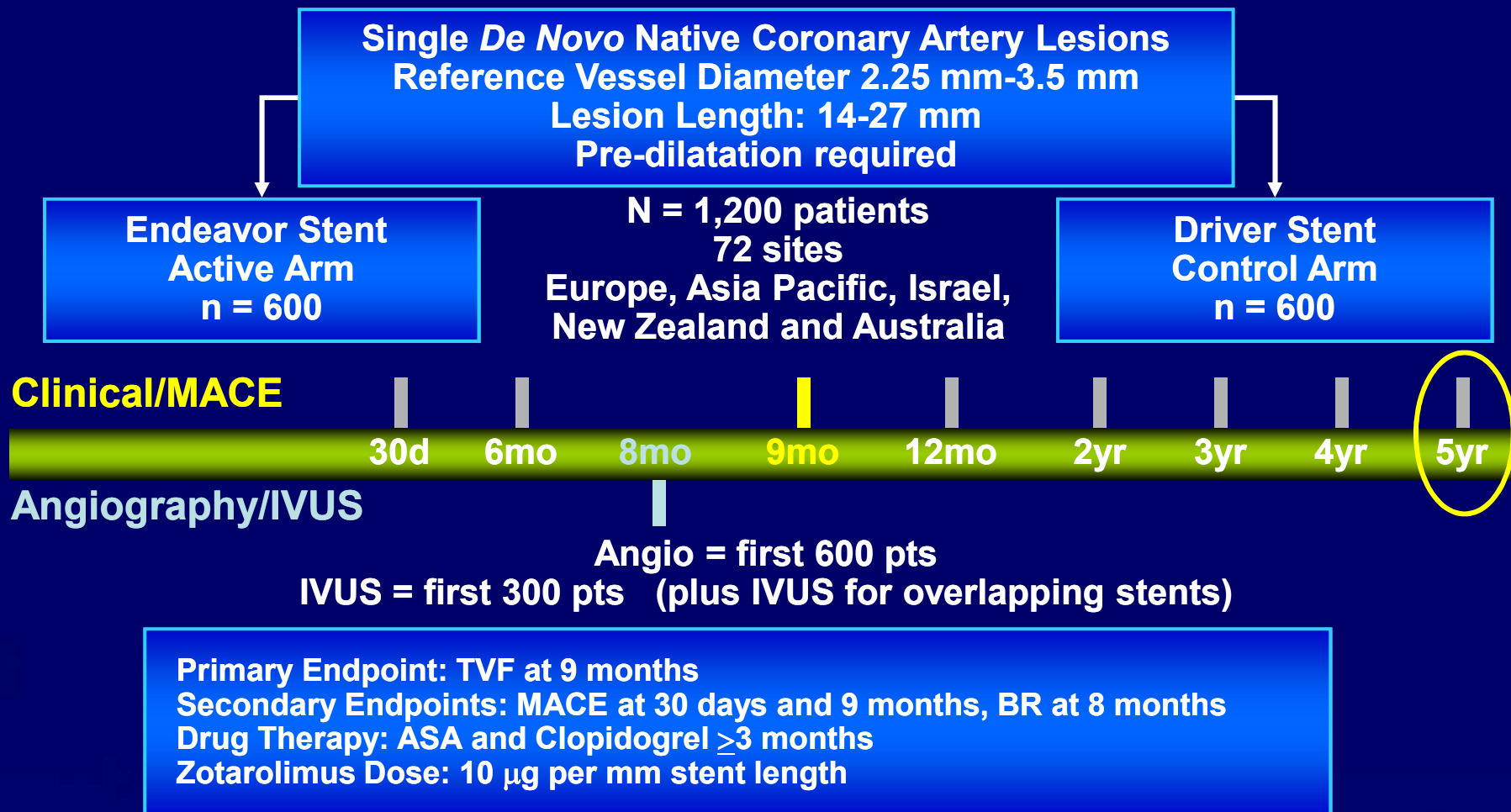
## Trial Designs

	ENDEAVOR I	ENDEAVOR II	ENDEAVOR II CA	ENDEAVOR III	ENDEAVOR IV	ENDEAVOR PK
Study Type	Multi-center (n = 8), OUS Prospective Non-randomized	Multi-center (n = 72), OUS Prospective Randomized	Multi-center (n = 15), OUS Prospective Non-randomized	Multi-center (n = 29), US Prospective Randomized	Multi-center (n = 80), US Prospective Randomized	Multi-center (n = 6), US Prospective Non-randomized
# of Patients	Endeavor: 100	Total : 1197 Endeavor: 598 Driver Control: 599	Endeavor: 300	Total : 436 (3:1 randomization) Endeavor CYPHER	Total : 1548 Endeavor TAXUS	Endeavor: 43
Lesion Criteria	Single <i>de novo</i> lesion in native coronary artery $\leq 15$ mm in length and $\geq 3.0$ to $\leq 3.5$ mm in diameter and coverable with one stent	Single <i>de novo</i> lesion in native coronary artery $\geq 14$ mm and $\leq 27$ mm in length and $\geq 2.25$ to $\leq 3.5$ mm in diameter and coverable with one stent	Single <i>de novo</i> lesion in native coronary artery $\geq 14$ mm and $\leq 27$ mm in length and $\geq 2.25$ to $\leq 3.5$ mm in diameter and coverable with one stent	Single <i>de novo</i> lesion in native coronary artery $\geq 14$ mm and $\leq 27$ mm in length and $\geq 2.5$ to $\leq 3.5$ mm in diameter and coverable with one stent	Single <i>de novo</i> lesion in native coronary artery $\leq 27$ mm in length and $\geq 2.5$ to $\leq 3.5$ mm in diameter and coverable with one stent	De novo lesions in native coronary artery $\leq 27$ mm in length and $\geq 2.5$ to $\leq 3.5$ mm in diameter
Anti-platelet Therapy	Aspirin indefinitely, and Ticlopidine or Clopidogrel for 12 weeks	Aspirin indefinitely, and Ticlopidine or Clopidogrel for 12 weeks	Aspirin indefinitely, and Ticlopidine or Clopidogrel for 12 weeks	Aspirin indefinitely, and Ticlopidine or Clopidogrel for minimum of 12 weeks	Aspirin indefinitely, and Ticlopidine or Clopidogrel for minimum of 6 months	Aspirin indefinitely, and Ticlopidine or Clopidogrel for minimum of 12 weeks
Status	60-month follow up complete.	60-month follow up complete.	48-month follow up complete.	48-month follow up complete.	24-month follow up complete.	24-month follow up complete.

# ENDEAVOR II

Double-blind RCT vs Driver

PI: Jean Fajadet, Richard Kuntz and William Wijns



Fajadet et al. *Circulation*. 2006;114:98-806.

# ENDEAVOR II

## Baseline Characteristics

	<b>Endeavor n = 598</b>	<b>Driver n = 599</b>	<b>P value</b>
<b>Males (%)</b>	<b>77.2</b>	<b>75.3</b>	<b>NS</b>
<b>Diabetics (%)</b>	<b>18.2</b>	<b>22.2</b>	<b>NS</b>
<b>Unstable Angina (%)</b>	<b>33.2</b>	<b>33.3</b>	<b>NS</b>
<b>RVD (mm)</b>	<b>2.73</b>	<b>2.76</b>	<b>NS</b>
<b>Lesion Length (mm)</b>	<b>14.04</b>	<b>14.38</b>	<b>NS</b>
<b>B2/C Lesions (%)</b>	<b>78.4</b>	<b>79.1</b>	<b>NS</b>

# ENDEAVOR Clinical Program

## Key Baseline Data Across Trials

<b>Baseline Characteristics</b>	<b>EI n = 100</b>	<b>EII n = 598</b>	<b>EII CA n = 296</b>	<b>EIII n = 323</b>	<b>EIV N = 773</b>	<b>EPK N = 43</b>
<b>Diabetics (%)</b>	<b>16.0</b>	<b>18.2</b>	<b>25.8</b>	<b>29.7</b>	<b>31.2</b>	<b>41.9</b>
<b>Unstable Angina (%)</b>	<b>41.5</b>	<b>33.2</b>	<b>19.4</b>	<b>51.1</b>	<b>51.6</b>	<b>55.6</b>
<b>RVD (mm)</b>	<b>2.96</b>	<b>2.73</b>	<b>2.63</b>	<b>2.75</b>	<b>2.73</b>	<b>2.54</b>
<b>Lesion Length (mm)</b>	<b>10.94</b>	<b>14.04</b>	<b>16.49</b>	<b>14.96</b>	<b>13.41</b>	<b>15.02</b>
<b>B2/C lesions (%)</b>	<b>49.0</b>	<b>78.4</b>	<b>74.4</b>	<b>67.2</b>	<b>69.6</b>	<b>67.4</b>
<b>Angiographic F/U* (%) (#/N)</b>	<b>92.0 92/100</b>	<b>88.6 264/298</b>	<b>79.6 117/147</b>	<b>85.8 277/323</b>	<b>87.8 144/164</b>	<b>100 6/6</b>

\*12 month follow up for EI, 8 month follow up for other trials



# DES vs. BMS Trials – 5-Year Data

## Baseline Demographics

	<b>ENDEAVOR II</b> <b>N = 598</b>	<b>SIRIUS</b> <b>N = 533</b>	<b>TAXUS IV</b> <b>N = 662</b>
<b>RVD (mm)</b>	<b>2.73</b>	<b>2.78</b>	<b>2.75</b>
<b>Lesion Length (mm)</b>	<b>14.0</b>	<b>14.4</b>	<b>13.4</b>
<b>Stent:Lesion Length</b>	<b>1.84</b>	<b>1.40</b>	<b>1.58</b>
<b>B2/C Lesions (%)</b>	<b>78.4</b>	<b>58.6</b>	<b>50.8</b>
<b>Diabetes Mellitus (%)</b>	<b>18.2</b>	<b>25.0</b>	<b>24.4</b>
<b>LAD (%)</b>	<b>43</b>	<b>44</b>	<b>40</b>
<b>Plavix/Ticlid LOT (m)</b>	<b>3</b>	<b>3</b>	<b>6</b>
<b>Inclusion 2.25 vessels*</b>	<b>yes</b>	<b>no</b>	<b>no</b>

\*2.25 stent is an investigational device in the U.S.

Results come from separate clinical trials which randomized DES to BMS. Data may differ in a head-to-head comparison.

ENDEAVOR II, Fajadet et al, *Circulation*. 2006;114:98-806.

Sirius Trial, Holmes et al, *Circulation*. 2004.

TAXUS IV, Stone et al, *Circulation*. 2004.

ENDEAVOR was an international trial. TAXUS IV and SIRIUS were US trials.

# E-Five Registry Study Design

*Prospective, Multicenter Registry*

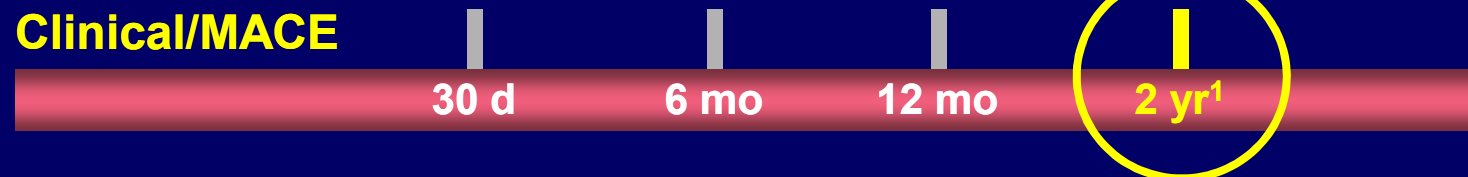
*PI: Chaim Lotan, Ian Meredith and Martin Rothman*

Single and multiple coronary artery lesions  
Stent diameters: 2.25 – 4.0 mm  
Stent length: 8/9 – 30 mm

N = 8,000 patients  
N = 2,000 at 2 years  
200 sites

Europe, Asia Pacific, Israel, New Zealand,  
South America

**Clinical/MACE**



Primary endpoint: MACE at 12 months  
Secondary endpoints: MACE at 30 days and 6 mo, stent thrombosis, procedure success rate; device success rate; lesion success rate  
Drug therapy: ASA and clopidogrel  $\geq 3$  months  
Zotarolimus dose: 10  $\mu$ g per mm stent length

<sup>1</sup>Prespecified number of centers (27)  
Rothman M. ACC 2009.

# E-Five Registry

## Patient Demographics

	<b>All Patients n = 8314</b>	<b>2-Yr Subset n = 2116<sup>1</sup></b>
<b>Male (%)</b>	<b>76.7</b>	<b>77.3</b>
<b>Age (years)</b>	<b>63.3 ± 11.1</b>	<b>62.1 ± 11.0</b>
<b>Prior MI (%)</b>	<b>32.2</b>	<b>35.3</b>
<b>Non Q Wave</b>	<b>12.2</b>	<b>12.8</b>
<b>Q Wave</b>	<b>21.3</b>	<b>23.5</b>
<b>Prior PCI (%)</b>	<b>25.3</b>	<b>24.1</b>
<b>Prior CABG (%)</b>	<b>7.5</b>	<b>6.9</b>
<b>Diabetes Mellitus (%)</b>	<b>32.7</b>	<b>30.1</b>
<b>Acute Coronary Syndrome (%)</b>	<b>47.8</b>	<b>40.7</b>
<b>Recent MI (&lt; 72 hours) (%)</b>	<b>13.9</b>	<b>11.4</b>
<b>Unstable Angina (%)</b>	<b>33.9</b>	<b>29.3</b>
<b>Moderate/severe Renal Impairment<sup>2</sup> (%)</b>	<b>6.5</b>	<b>5.6</b>

1. Prespecified subset.

2. Serum creatinine ≥140 µmol/L and no renal transplant.

Rothman M. ACC 2009.

# Abbott Vascular XIENCE V Trials

## N = ~19,000

5 year F/U	3 year F/U	3 year F/U	Enrollment Complete	Enrollment Complete	Enrolling	Enrolling	Enrollment Complete
<b>SPIRIT FIRST</b>	<b>SPIRIT II</b>	<b>SPIRIT III</b>	<b>SPIRIT IV</b>	<b>SPIRIT V</b>	<b>XIENCE V SPIRIT WOMEN</b>	<b>XIENCE V USA</b>	<b>XIENCE V India</b>
Safety and Performance	Clinical Support for CE Launch	U.S. and Japan Approval	U.S. Continued Access	Post CE Mark Approval International	Post CE Mark Approval International	U.S. Post Approval	India Post Approval
Europe N=60	International N=300	N=1170  U.S.: 65 sites N=1082 (1075 pts enrolled)  Japan: 12 sites N=88 (88 pts enrolled)	N=3690 66 sites  (3,690 pts enrolled)	N=3,000 100 sites  Registry N=2,700  Diabetic study N=300	N=2,110 100 sites  Registry N=1,660 (1660 pts enrolled)  Randomized arm vs Cypher N=450 (284* pts enrolled)	Expanded Enrollment: N=~8000 (5060* pts enrolled)	N=1000

\*As of August 2009

Information contained herein intended for use outside the US and outside Japan only

# SPIRIT IV Study Algorithm

**3690 pts enrolled at 66 U.S. sites**

RVD  $\geq 2.5$  mm -  $\leq 3.75$  mm; Lesion length  $\leq 28$  mm

Max. 3 lesions with a maximum of 2 per epicardial vessel

Pre-rand: ASA  $\geq 300$  mg, clopidogrel  $\geq 300$  mg load unless on chronic Rx

**Randomized 2:1 XIENCE V:TAXUS Express**

Stratified by diabetes and intended number of lesions treated

Pre-dilatation mandatory

Everolimus-eluting

**XIENCE V**

Paclitaxel-eluting

**TAXUS**

Aspirin  $\geq 80$  mg QD for 5 years; clopidogrel 75mg QD for at least 12 mos  
(if not at high risk for bleeding)

**Clinical f/u only: 1, 6, 9 months and yearly for 1-5 years**

# Major Exclusion Criteria

- Any target lesion or vessel meets any of the following:
  - Left main or ostial LAD/LCX
  - In or distal to a bypass graft conduit
  - Bifurcation with sidebranch diameter  $\geq 2$  mm AND ostial DS  $>50\%$  OR requiring pre-dilatation
  - Total occlusion, thrombus, restenotic, excessive tortuosity, angulation or heavy calcification
- Prior coronary brachytherapy
- High probability of additional PCI within 9 mos

# SPIRIT III / SPIRIT IV Differences

	SPIRIT III	SPIRIT IV
N patients	1002	3690
Max # lesions per patient	2	3
Max # vessels per patient	2	3
Max # lesions per vessel	1	2
Bifurcation lesions	Yes if <50% ostial DS <u>and</u> <2.0 mm	Yes if <50% ostial DS <u>or</u> <2.0 mm
Ostial RCA lesions	No	Yes
N pts with diabetes mellitus	290 (29.0%)	1185 (32.1%)
N pts with intended angio F/U	564 (56.3%)	0
Primary powered clinical EP	TVF (NI)	TLF (NI, Sup)

TVF = cardiac death, MI, or ischemia-driven TVR

TLF = cardiac death, target vessel MI, or ischemia-driven TLR

# Trial Design

Stable and ACS Patients Undergoing PCI

Assessor-blind  
1:1 Randomisation  
N=1700 Patients

**BES**  
BioMatrix Flex N=850

**SES**  
Cypher Select N=850

1:3 Randomisation

Clinical F/U  
N=640

Angio F/U  
N=210

Clinical F/U  
N=640

Angio F/U  
N=210

1° endpoint:

2° endpoints:

Angiographic study:

CV death, MI, clinically-indicated TVR (9 month)

Death, CV death, MI, TLR, TVR

Stent thrombosis according to ARC

In-stent % diameter stenosis

Late loss, binary restenosis

DAPT recommended for 12 month



# Patient Eligibility

## *Inclusion Criteria*

### ***Coronary artery disease***

- Stable angina
- Silent ischemia
- Acute coronary syndrome including UA, NSTEMI and STEMI

### ***At least one lesion with***

- Diameter stenosis  $\geq 50\%$
- RVD: 2.25-3.5 mm
- Number of lesions: no limitation
- Number of vessels: no limitation
- Lesion length: no limitation

### ***Written informed consent***

## *Exclusion Criteria*

### ***Known allergy to***

- aspirin, clopidogrel, heparin, stainless steel, sirolimus, biolimus, contrast material

### ***Planned, elective surgery within 6 months of PCI unless dual APT could be maintained***

### ***Pregnancy***

### ***Participation in another trial***

# Patient Demographics

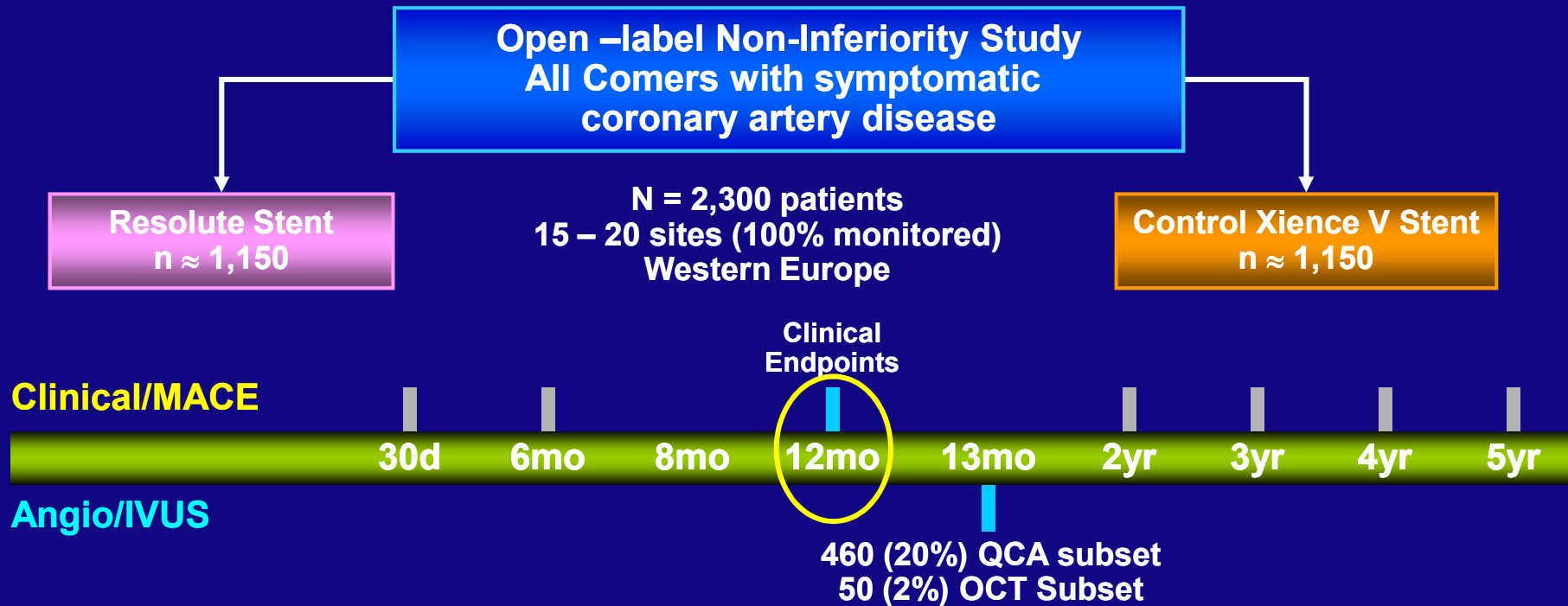
	BES 857 Patients	SES 850 Patients
Age in years	65 ± 11	65 ± 11
Male gender	75%	75%
Arterial hypertension	74%	73%
<b>Diabetes mellitus</b>	<b>26%</b>	<b>23%</b>
- insulin-dependent	10%	9%
Hypercholesterolemia	65%	68%
Family history	40%	44%
Smoking	24%	25%
<b>Previous MI</b>	<b>32%</b>	<b>33%</b>
<b>Previous PCI</b>	<b>36%</b>	<b>37%</b>
- with drug-eluting stent	12%	14%
<b>Previous CABG</b>	<b>11%</b>	<b>13%</b>
Chronic stable angina	45%	44%

# Patient Characteristics

	BES 857 Patients	SES 850 Patients
<b>Acute coronary syndrome</b>	55%	56%
- Unstable angina	22%	21%
- Non-ST-elevation MI	17%	18%
- ST-elevation MI	16%	17%
Left ventricular ejection fraction	56 ± 11%	55 ± 12%
Number of lesions per patient	1.5 ± 0.7	1.4 ± 0.7
<b>Lesions per patient</b>		
- 1 lesion	63%	69%
- 2 lesions	29%	22%
- 3 lesions	7%	8%
- > 4 lesions	1%	2%
De novo lesions	92%	91%
Long lesions (>20 mm)	31%	27%
Small vessels (RVD ≤2.75 mm)	68%	69%
<b>Off label use</b>	81%	78%

# RESOLUTE All Comers:

Co-PIs: Profs. Serruys, Silber, Windecker



**Primary Endpoint:** Composite - Cardiac Death, Target Vessel MI, TLR @ 12mo  
**Secondary Endpoints:** Composite @ 30d, 6mo, 2 – 5 yr; angiographic & optical coherence tomography (OCT) parameters @ 13 mo  
**Drug Therapy:** ASA and clopidogrel/ticlid >6 months (per guidelines)

# RESOLUTE All Comers:

*What Does All-comers Mean?*

- **Aims for consecutive enrollment**
  - *Consecutive consenting of all CAD patients eligible for PCI*
  - *Involvement of entire cath lab staff to ensure enrollment also during nights & weekends*
  - *Screening log for verification*
- **Minimal exclusion criteria:**
  - *Pregnancy*
  - *Intolerance to DAPT*
  - *Participation in another clinical trial*
  - *Planned surgery within 6 months*
- **Expected highly complex patient population**
  - *Including Acute MI patients (non-STEMI and STEMI)*
  - *No limitations on number of treated lesions, vessels or lesion length*

# **RESOLUTE All Comers:**

## *Unique Study Design Attributes*

- **Real-world, All-comers patient population**
- **Limited number of sites participating**
  - *High volume, referral sites*
  - *Experienced with conducting clinical trials*
  - *Committed to clinical trials with dedicated trial personnel*
- **Event adjudication based on ARC definitions**
  - *TLF defined as: Repeat revascularization of the target lesion, MI that may be associated with the target lesion and cardiac death*
  - *Updated standardized MI definition due to inclusion of STEMI patients*
- **Angiographic Follow-up performed post Clinical F/U**
  - *20% of patients randomly assigned to repeat angiography at 13 months*
  - *Powered angiographic endpoints*

# Balancing Regulatory and Medical Evidence Needs

- ♥ Balance of RCT and Registries with relevant clinical endpoints understanding the limitations of both
- ♥ Tensions between the need to obtain clean unequivocal evidence (proof of concept) and need to establish real world applicability and safety
- ♥ All-comer type RCT will play an increasingly important role in meeting these needs